

It's always more
fun with two,
Find a buddy to
train with you!

Buddy Training

6 sessions - \$205/person
10 sessions - \$288/person
20 sessions - \$500/person

Schedule a free 15-minute pick-me-up massage
for each of you when you sign up in February!

For more information contact Leslie Stone, Fitness Coordinator
at 703-730-1060 or lstone@pwcparks.org.